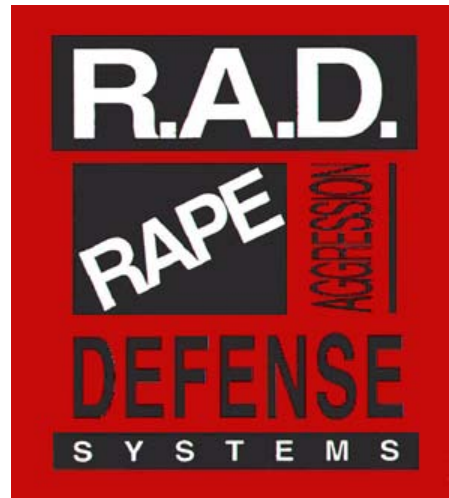


Rape Aggression Defense



Take a stand and give
yourself options!



Could You Effectively Defend
Yourself If Attacked?

Rape Aggression Defense is a women's only
physical defense program.

If you, at any point, have feared for your
physical safety or are simply looking to
educate yourself you should consider taking
this course.

Visit

www.miami.edu/police/selfdefense

for upcoming class schedules and
registration information.

R.A.D. Systems

R.A.D. is a program of realistic self-
defense tactics and techniques for
women. Specifically, it is a
comprehensive, women-only
course that begins with awareness,
prevention, risk reduction and risk
avoidance. While R.A.D. is not a
Martial Arts program, the program
does provide the basics of hands-on
defense training.



The UM Police Department
regularly conducts Basic and
Advanced R.A.D. courses; all are
taught by nationally certified
R.A.D. instructors. Upcoming class
schedules and a web registration
form is available through the
UMPD Self-Defense website at:
www.miami.edu/police/selfdefense

WHY R.A.D.?

With over 7,000 instructors certified and 300,000 women trained, R.A.D. Systems is the country's largest and fastest growing self-defense program for women and teens. The R.A.D. Systems curriculum is taught at over 400 Colleges and Universities across the United States and Canada, and is the only self-defense program ever to be endorsed by the International Association of Campus Law Enforcement Administrators (IACLEA).



R.A.D. is an international alliance of thousands of instructors united in offering practical options for responding to increasing acts of violence against women. We offer life-long opportunity for physical skill mastery provided through our trademark Lifetime Return and Practice Policy.

RAPE AGGRESSION DEFENSE SYSTEMS;

FINALLY, A PHYSICAL DEFENSE PROGRAM FOR WOMEN THAT:

- Has established the standard for female self-defense programs
- Offers no-nonsense, practical techniques of defense
- Researched the effects of “The Fight or Flight Syndrome”
- Offers advanced self-defense courses that build upon the basic physical defense system
- Provides realistic and dynamic hands on training
- Provides students with a comprehensive Reference Manual
- Certifies Instructors from the community
- Offers state of the art programs at reasonable rates
- Gives every student a lifetime membership that allows them to return to future classes practice for free

NEVER HESITATE TO CONTACT UM POLICE

UM Police Dispatch (305) 284-6666

UM Police Fax (305) 284-1541

UM Crime Prevention (305) 284-1105

SART Hotline (305) 798-6666

www.miami.edu/police



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